

# Austenwood Care Home

## Monthly Newsletter

29 North Park, Gerrards Cross, Buckinghamshire SL9 8JA

Our boutique luxury home delivering individual care for our residents



### Through The Eyes of a Child

We were thrilled to welcome Daisy, the 11-year-old leader and champion of Premium Care Group's Through the Eyes of a Child program! Daisy visited our sister homes, spreading the joy of the project far and wide. She is now supporting the growth of the program and was recently honoured with the Saxon

Weald Youth Award for Champions of Care in recognition of her outstanding contribution.

Daisy plays a key role in planning activities and guiding a group of children as they experience life in a care home from a child's perspective. Her dedication brings laughter, connection, and inspiration to our residents - a wonderful celebration of intergenerational relationships.

To get involved with this inspiring program, contact [kate@anchorcarenhomes.co.uk](mailto:kate@anchorcarenhomes.co.uk)



# January is a time for participation and challenges

Over one of the January weekends, the Activities team challenged our residents and their families to make lanterns from scratch. Although a little fiddly, everyone did a brilliant job and were very proud of their creations.

Some residents also joined in the Annual Big Bird Watch. Using binoculars, they spotted a variety of birds visiting our gardens - and got so engrossed in the activity that they even forgot to count them at one point! Many hungry birds came to enjoy the feeders that our residents had made previously, making it a fun and rewarding experience for all.



Our Activities team treated residents to some lovely outings this month. The ladies enjoyed a trip to a local garden centre with coffee and cake, while the gentlemen visited Tesco for Burns Night haggis and a charity shop to pick out books for an avid reader-bringing plenty of smiles all round.

In February we are having a Jazz afternoon with a brilliant singer called Tracey O'Connor coming to entertain us all. This takes place on Friday 27<sup>th</sup> February and is to raise money for a local charity Bucks Vision chosen by our residents.

