## Austenwood Care Home Monthly Newsletter

29 North Park, Gerrards Cross, Buckinghamshire SL9 8JA Our boutique luxury home delivering individual care for our residents



## Welcome to the New Year at Austenwood

Our first International themed day of 2025 took us all the way to India. Our residents cut out flags to decorate the dining room for the special lunch. Our chef Christopher made a delicious Chicken Biryani followed by the sweet and sticky Gulab Jamun. Our residents and the lucky staff enjoyed both of these dishes.

In the afternoon the activity team got the residents to explore Indian culture further by making very creative face masks of Indian animals.



## Crafts and baking activities

January has been a busy month for the residents with plenty of opportunities to give their creative skills a try. We made beautiful tissue paper flowers, papier mache vases and a delicious batch of very naughty chocolate cookies.



In February we are very lucky to have 2 brilliant entertainers coming to the home. Kit Packham will be playing his saxophone and singing on the 5th and Heidi Browne will join us for the first time on the 10th to sing for us. Sophie from G-Fitness will be visiting us every week during 2025, this helps our residents to keep some elements of fitness and dexterity.



To book a viewing 01277 886 299 Alice@premiumcaregroup.co.uk